

VITALIS Internship Beauty Care

For students of:

- Hairdressing
- Beauty Care
- Cosmetics



Learning Outcomes

- Assess the condition of the skin, hands and nails, how to clean the skin
- Create day make-up and how to treat and shape nails
- How, and with which different substances, the hair and scalp can be cleaned and cared for
- Different techniques to cut hair taking into account the respective characteristics (e.g. hairline, direction of growth)
- Preparations and techniques (winding, waves, papilloting techniques) for creating hairstyles
- Create upright hairstyles, how to work on hairpieces and which styling and finishing techniques to use
- Set and monitor application times for colour changing hair treatments and how to carry out after-treatments and colour corrections
- How to make natural and sustainable cosmetics

Focal Points and Tasks

- Welcoming and looking after customers
- Hair and scalp care
- Recommending and creating hairstyles, cutting hair
- Permanently reshape hair, tinting hair
- Hand and nail care and design
- Skin care, decorating skin
- Natural and sustainable cosmetics

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